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Faculty of Psychology

Colloquium lecture by Dr Lydia Speyer

Exploring the Mechanisms Underlying Co-Occurring Mental Health Problems: Within- or Between-Person Dynamics?

Approximately 10-20% of children and adolescents experience socio-emotional difficulties severe enough to merit a diagnosis of a mental health disorder. More than 40% of these youth develop at least one other mental illness throughout their life. Despite this high prevalence, the mechanisms driving the high co-occurrence of mental health difficulties remain poorly understood. This talk delves into the complex dynamics influencing the concurrent presence of different mental health problems, especially in young individuals, and will draw upon the latest findings from the presenter's research. Central to the discussion is an exploration of whether the mechanisms behind co-occurring mental health issues primarily stem from processes evolving over time within individuals (such as heightened anxiety following increased hyperactivity; within-person dynamics) or emerge due to shared risk factors across different mental health problems (such as genetic predispositions or prenatal risk factors; between-person dynamics).

Dr Lydia Speyer

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**This lecture takes place at Liebiggasse 5, 1010 Vienna,
Lecture Hall G 2nd floor and will be streamed.**

Thursday, November 09, 2023; 3pm

Zoom link:

<https://univiennea.zoom.us/j/65737933235?pwd=dm1KUTNyYjhFcXlxaGdDTlZFYzFaQT09>

Meeting ID: 657 3793 3235

Passcode: 154877